



County Rec

Kinder Sports & Soccer 101

at Memorial Field

Introduce your budding athlete to the fun and endurance building world of sports! Kinder Sports is a co-ed program and a great way for your 3-8 year old to develop hand-eye coordination, balance skills and learning basic fundamentals of Soccer. Come join our energetic staff at Memorial Field and have some fun!

Class session sizes are limited to 5 participants 

To Register:

HOW TO REGISTER

go to www.countyrec.com

(Credit Card payment—online only) Register online at CountyRec.com and view the CART to check out with a major credit card (a non-refundable 3% credit card fee will apply).

OR Mail a check with your completed registration form to Jefferson County Public Works, 623 Sheridan St., Port Townsend, WA 98368. **Make check payable to JCPR**

- Limited class size to 5 participants; (will be placed on a wait list after 5)
- Location—Memorial Field
- Instructor Chris Macklin
- Bring water bottle

Contact Chris Macklin for more info
cmacklin@countyrec.com

Voice: 360-385-2221/cell
360.531.2333

Choose a Session (s) Kinder Sports Pre-K/Kinder

Session I (**Mondays**, Sept 21, 28, Oct 5) *Registration Deadline: Sept 16th*

____ 3 - 4.5 year olds: 3:30-4:15pm ~ \$28

____ 4.5- 6 year olds: 4:30-5:15pm ~ \$28

Session I (**Wednesdays**, Sept 23, 30, Oct 7) *Registration Deadline: Sept 16th*

____ 3 - 4.5 year olds: 3:30-4:15pm ~ \$28

____ 4.5- 6 year olds: 4:30-5:15pm ~ \$28

Session II (**Monday**, Oct 12, 19, 26) - *Registration Deadline: Oct 7*

____ 3 - 4.5 year olds: 3:30-4:15pm ~ \$28

____ 4.5- 6 year olds: 4:30-5:15pm ~ \$28

Session II (**Wednesdays**, Oct 14, 21, 28) - *Registration Deadline: Oct 7*

____ 3 - 4.5 year olds: 3:30-4:15pm ~ \$28

____ 4.5- 6 year olds: 4:30-5:15pm ~ \$28

Choose a Session (s) Soccer 101 1st & 2nd Grade

Session I (**Tuesdays** Sept 22, 29, Oct 6) *Registration Deadline: Sept 16th*

____ 6 - 7.5 year olds: 3:30-4:15pm ~ \$28

____ 7.5- 8 year olds: 4:30-5:15pm ~ \$28

Session I (**Thursdays**, Sept 24, Oct 1, 8) *Registration Deadline: Sept 16th*

____ 6 - 7.5 year olds: 3:30-4:15pm ~ \$28

____ 7.5- 8 year olds: 4:30-5:15pm ~ \$28

Session II (**Tuesdays**, Oct 13, 20, 27) - *Registration Deadline: Oct 7*

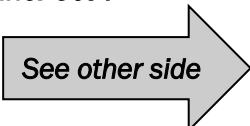
____ 6 - 7.5 year olds: 3:30-4:15pm ~ \$28

____ 7.5- 8 year olds: 4:30-5:15pm ~ \$28

Session II (**Thursdays**, Oct 15, 22, 29) - *Registration Deadline: Oct 7*

____ 6 - 7.5 year olds: 3:30-4:15pm ~ \$28

____ 7.5- 8 year olds: 4:30-5:15pm ~ \$28





JEFFERSON COUNTY PARKS AND RECREATION (JCPR)
ASSUMPTION OF RISK, RELEASE OF LIABILITY AND CONSENT

Jefferson County Parks and Recreation/623 Sheridan Street/Port Townsend, WA 98368
Chris Macklin, Assistant Recreation Manager; cmacklin@countynec.com
W- 360-385-2221 Cell -360-531.2333



KINDER SPORTS & SOCCER 101 2020

Participant First Name _____ Last _____ Age ____ Grade ____ M ___ F ___ Birthday _____
Mailing Address _____ City _____ Zip _____
Parent/Guardian One First Name _____ Last _____
Parent/Guardian Two First Name _____ Last _____
Home/Cell Phone _____ Alternate Phone _____ E-mail _____
Emergency Contact _____ Allergies? ____ If yes, what _____

Please read carefully - ASSUMPTION OF RISK, RELEASE OF LIABILITY AND CONSENT - Please read carefully

All participants are advised that Jefferson County Parks and Recreation Programs (JCPR) may involve some strenuous physical activity. Some (such as sports, games, drills, climbing, hiking, swimming, or running), present a risk of injury higher than that which people normally face in their everyday lives.

On behalf of my minor child, (or on my own behalf, if an Adult Participant), I expressly acknowledge my full understanding of the risks of injury, including serious injury, disability or death that arise from participation in the JCPR Program.

On behalf of myself and on behalf of my minor child (to the extent allowed by law), I hereby release and forever discharge JCPR, and all of the employees, officers, volunteers or agents of those entities, including as well any third-party sponsors of JCPR but not limited to damage to property, personal injury, disability or death, resulting from my or my minor child's involvement in any aspect of the JCPR Program.

To the fullest extent allowed by law, I, for myself and/or my minor child, and for any of our respective heirs, assigns, personal representatives and next of kin, hereby agree to indemnify and hold harmless all the parties released in Article 3 hereof from and against any and all liabilities arising from my participation in the JCPR Program.

On behalf of myself and on behalf of my minor child, we have read and understand the attached COVID-19 Safety Rules and Concussion Information Sheet, also available on the Jefferson County Parks and Rec website (www.countynec.com) or available at the Rec Center, 620 Tyler Street or the Public Works Office, 623 Sheridan Street in Port Townsend.

I HAVE READ THIS ASSUMPTION OF RISK, RELEASE OF LIABILITY AND CONSENT. I FULLY UNDERSTAND ITS TERMS AND THAT BY MY SIGNATURE I GIVE UP CERTAIN RIGHTS I MIGHT OTHERWISE HAVE UNDER LAW. I hereby consent to allow my child to participate in the JCPR Program under the terms as set forth in this Assumption of Risk, Release of Liability and consent Agreement. The JCPR Program for which this consent is given is called and is the County Rec Kinder Sports & Soccer 101 2020.



Signature of Parent or Guardian Date

PHOTOGRAPH - VIDEO CONSENT

I hereby grant permission for myself or my child to be photographed or videotaped, without compensation, by JCPR, understanding that the same is intended for publication by print media, INTERNET newspaper, television, video or motion picture. I additionally consent to the use of my name in connection with the publication of photographs/video taken of me.



Signature of Parent or Guardian Date

Dear Families:

Please find below our COVID-19 Safety Rules and Concussion Information Form. Please go over this information with your participant (s) Thank You, Rec Staff



Jefferson County Parks and Recreation Kinder Sports & Soccer 101 Programs COVID-19 Safety Rules

September 8, 2020

Washington Phase 2 allows up to 5 participants per athletic field. Each session will be limited to 5 participants . Please keep the following equation in mind:

By following the 5 participants limit, we can all stay safe and enjoy our program. Not following the limit puts our health and our program at risk of closure.

Self-screening is required: any participant or spectators, who are under quarantine, or have had any of the following COVID-19 symptoms in the previous 72 hours are not allowed to attend any Jefferson County Parks and Recreation programs: cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, or a new loss of taste or smell. Any individual who develops or displays any of these symptoms must remove themselves, or be removed by their parents or caregivers from the event immediately. Parks & Rec Staff have the right to ask parents and caregivers to remove any individual they observe with these symptoms.

All attendees must wash their hands or use hand sanitizer regularly; at least before they enter the event, after they use the restroom, immediately after the game, and when they leave the event.

A minimum of 6' distance from household members, and face coverings are required in Washington State (when unable to maintain at least 6' distance from non-household members) 2 except: participants are not required to wear face coverings, and are not required to maintain 6' distance when they are actively playing. Players should wear face coverings and maintain 6' distance when they arrive and leave the field. It is encouraged that all spectators wear face coverings at all times.

Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Headaches “Pressure in head” Nausea or vomiting Neck pain Balance problems or dizziness Blurred, double, or fuzzy vision Sensitivity to light or noise Feeling sluggish or slowed down Feeling foggy or groggy Drowsiness Change in sleep patterns	Amnesia “Don’t feel right” Fatigue or low energy Sadness Nervousness or anxiety Irritability More emotional Confusion Concentration or memory problems (forgetting game plays) Repeating the same question	Appears dazed Vacant facial expression Confused about assignment Forgets plays Is unsure of game, score, or opponent Moves clumsily or displays in- coordination Answers questions slowly	Slurred speech Shows behavior or personality changes Can’t recall events prior to hit Can’t recall events after hit Seizures or convulsions Any change in typical behavior or personality Loses consciousness
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What can happen if my child keeps on playing with a concussion or returns to soon?

Adapted from the CDC and the 3rd International Conference on Concussion in Sport Document created 6/15/2009

Concussion Information Sheet

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athlete will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators,

Coaches, parents and students is the key for student-athlete’s safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new “Zackery Lystedt Law” in Washington now requires the consistent and uniform implementation of long and well-established return to play concussion guidelines that have been recommended for several years:

“a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time”

and

“...may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider”.

You should also inform your child’s coach if you think that your child may have a concussion Remember its better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:

<http://www.cdc.gov/ConcussionInYouthSports/>

Adapted from the CDC and the 3rd International Conference on Concussion in Sport

Document created 6/15/2009